



Rock it Racing – Smoothie Tuesdays Riley Wilderness Park – 4.25 Mile Run

- Start at Oak Canyon trail gate
- Follow Oak Canyon to Sycamore Loop, turn left to follow the loop
- Exit the loop to the left, back onto Oak Canyon
- Follow Oak Canyon to Horned Toad, turn left to follow the loop
- Exit the loop to the left back onto Oak Canyon
- Follow Oak Canyon up to its intersection with Vista and turn left to run up to Skink point
- Turn around at the end of Skink and head back down to the aid station on Vista near Mule Deer
- Turn left on Mule Deer
- Turn left on Pheasant Run
- Cross the dry creek and turn left on the other side, then right (there will be a course monitor here) to cross a wooden bridge and head back on Wagon Wheel trail towards the start
- Cross parking lot / park road to get back over to the start / finish area on Oak Canyon
- Pass start / finish area on the right and head back out on Oak Canyon
- Continue along Oak Canyon to the second Sycamore Loop entry (a left turn at the upper part of the loop).
- Run the loop back down to Oak Canyon and exit to the right to head back along Oak Canyon to the finish
- Congratulations! You just ran or hiked about 4.25 miles!