



6K 20-29 (female)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	Delina Ortiz	Irvine	6K	22	F	F20-29	479	12:07	0:45:15	0:45:12

6K 20-29 (male)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	Spencer Freiboth	Tustin	6K	21	M	M20-29	1175	13:19	0:49:53	0:49:41

6K 30-39 (female)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	Mindy Marburger	Mission Viejo	6K	39	F	F30-39	1184	12:06	0:45:32	0:45:09
2	Jessica Garland		6K	39	F	F30-39	1204	14:57	0:55:52	0:55:46
3	Melanie Shortle	Orange	6K	38	F	F30-39	1194	20:25	1:16:31	1:16:08

6K 30-39 (male)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	John Robertson	Orange	6K	30	M	M30-39	1190	9:55	0:37:11	0:37:00
2	Paul Simpson	Irvine	6K	34	M	M30-39	1195	15:08	0:56:38	0:56:26
3	Ryan Jones	Orange	6K	38	M	M30-39	1180	20:25	1:16:32	1:16:08

6K 40-49 (female)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	Victoria Cuevas	Lake Forest	6K	43	F	F40-49	1202	12:34	0:46:56	0:46:53
2	Cecilia Sanudo	Lake Forest	6K	45	F	F40-49	1192	13:37	0:51:08	0:50:47
3	Haseena Mirza	Fullerton	6K	43	F	F40-49	1186	14:19	0:53:42	0:53:25
4	Leticia Freiboth	Tustin	6K	48	F	F40-49	1174	14:34	0:54:31	0:54:18
5	Jeany Hill	Anaheim	6K	43	F	F40-49	1178	22:43	1:24:49	1:24:42

6K 40-49 (male)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	Tino Freiboth	Tustin	6K	48	M	M40-49	1176	10:09	0:38:07	0:37:54
2	Ron Aristondo	Laguna Hills	6K	45	M	M40-49	1169	11:27	0:42:58	0:42:44
3	Ricardo Rocha	Mission Viejo	6K	48	M	M40-49	1191	12:06	0:45:14	0:45:10
4	Troy Brown	Coto de Caza	6K	45	M	M40-49	835	12:10	0:45:33	0:45:24

6K 50-59 (female)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	Julia Holt	Corona	6K	54	F	F50-59	1179	11:19	0:42:25	0:42:11
2	Trisa Robarge	Lake Forest	6K	53	F	F50-59	1188	12:54	0:48:32	0:48:07
3	Dolores Wirth	Lake Forest	6K	51	F	F50-59	1199	18:30	1:19:53	1:08:58

6K 50-59 (male)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	David Griffin	Irvine	6K	52	M	M50-59	1177	10:01	0:37:24	0:37:22
2	Chris Meyers	Irvine	6K	54	M	M50-59	1201	11:19	0:42:23	0:42:14
3	Greg Robarge	Lake Forest	6K	51	M	M50-59	1189	12:54	0:48:32	0:48:07
4	Don Jump	San Clemente	6K	50	M	M50-59	461	13:55	0:52:01	0:51:54

6K 60-69 (female)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	Nobuko Takamiya	Rowland Heights	6K	60	F	F60-69	1198	11:52	0:44:22	0:44:15
2	Becci Lukes	Mission Viejo	6K	66	F	F60-69	1182	12:53	0:48:26	0:48:03

6K 60-69 (male)





Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	Barry Yoch	Irvine	6K	68	M	M60-69	1200	11:09	0:41:47	0:41:34
2	Greg Bard		6K	64	M	M60-69	1205	11:09	0:41:48	0:41:37
3	Wayne Berge	Huntington Beach	6K	61	M	M60-69	1170	11:23	0:42:43	0:42:27

6K 70- (female)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	Leah Stevenson	Orange	6K	70	F	F70-79	490	14:43	0:55:05	0:54:53

6K 70- (male)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	Paul Parsons	Walnut	6K	70	M	M70-79	480	14:08	0:52:54	0:52:45
2	David Learn		6K	70	M	M70-79	1206	16:42	1:02:25	1:02:17
3	Tom Ambruster		6K	74	M	M70-79	1203	19:06	1:11:34	1:11:15

Top 3 6K (female)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	Rhonda Clark	Rancho Santa Margarita	6K	44	F	F40-49	1172	9:35	0:35:53	0:35:44
2	Kristen Scott	Coto de Caza	6K	43	F	F40-49	1193	10:47	0:40:23	0:40:13
3	Mikelle Daily	Rancho Santa Margarita	6K	51	F	F50-59	1173	11:13	0:42:06	0:41:52

Top 3 6K (male)

Pos	Athlete	City	Race	Age	Gender	Category	Bib#	Pace	Gun Time	Chip Time
1	Steven Casado	Stanton	6K	32	M	M30-39	1171	6:24	0:23:53	0:23:52
2	Nick Lanigan	Laguna Beach	6K	43	M	M40-49	1181	7:11	0:26:47	0:26:47
3	Zachary Menter	Newport Coast	6K	13	M	M10-19	1185	8:00	0:29:51	0:29:50

