



10K 10-19 (female)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
1	Izabelle Garcia	La Mirada	10K	F	18	F10-19	846	0:34:30	9:12	0:57:17	0:57:15

10K 20-29 (male)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
1	Joey Kirby	Lake Forest	10K	M	29	M20-29	464	0:31:25	8:27	0:52:36	0:52:32
2	Taylor Kirby	San Diego	10K	M	29	M20-29	465	0:31:25	8:29	0:52:47	0:52:43
3	Rylan Giese	Tustin	10K	M	29	M20-29	847	0:32:20	8:40	0:54:00	0:53:57

10K 30-39 (female)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
1	Catherine Goodman	Mission Viejo	10K	F	32	F30-39	848	0:37:24	9:40	1:00:17	1:00:06
2	Agustina Rocha	Mission Viejo	10K	F	35	F30-39	483	0:38:37	10:09	1:03:10	1:03:07

10K 30-39 (male)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
1	Igor Shatalov	Irvine	10K	M	36	M30-39	487	0:30:17	8:08	0:50:39	0:50:37
2	Miguel Ortega	Norwalk	10K	M	36	M30-39	478	0:34:29	8:59	0:55:52	0:55:50
3	John Oehm	Aliso Viejo	10K	M	36	M30-39	477	0:35:41	9:31	0:59:14	0:59:10
4	Jason Wolfe	Corona	10K	M	38	M30-39	444	0:37:15	9:56	1:02:00	1:01:43
5	Kyle Ciandella	Huntington Beach	10K	M	33	M30-39	837	0:37:20	9:58	1:02:03	1:01:56
6	Saeed Almazrouel	Irvine	10K	M	33	M30-39	829	0:40:55	10:41	1:06:31	1:06:28
7	Justin Metcalf	Mission Viejo	10K	M	39	M30-39	472	0:39:25	10:39	1:06:35	1:06:13
8	Antonio Fields	Yorba Linda	10K	M	36	M30-39	844	0:51:10	13:56	1:28:07	1:26:37

10K 40-49 (female)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
1	Melissa Jump	San Clemente	10K	F	40	F40-49	460	0:36:41	9:43	1:00:33	1:00:26
2	Karen Robinson	Laguna Hills	10K	F	43	F40-49	482	0:37:27	10:07	1:02:58	1:02:54
3	Nicole Sanchez	Rancho Cucamonga	10K	F	49	F40-49	486	0:38:41	10:21	1:04:31	1:04:21
4	Gloria Shen	Aliso Viejo	10K	F	41	F40-49	488	0:39:52	10:37	1:06:09	1:06:00
5	Linh Phan	Montclair	10K	F	41	F40-49	481	0:42:10	11:12	1:09:49	1:09:41
6	Debbie Nahodil	Mission Viejo	10K	F	43	F40-49	476	0:42:12	11:16	1:10:12	1:10:04
7	Becky Stevens	Coto de Caza	10K	F	42	F40-49	489	0:43:33	11:32	1:11:54	1:11:44
8	Jamie Kelly	Fullerton	10K	F	44	F40-49	462	0:43:13	11:33	1:12:03	1:11:50
9	Heather Hauke	Aliso Viejo	10K	F	41	F40-49	452	0:43:29	11:37	1:12:29	1:12:14
10	Callie Hatch	Whitewater	10K	F	43	F40-49	451	0:44:56	11:47	1:13:22	1:13:15
11	Kendra Blankenship	Laguna Hills	10K	F	45	F40-49	834	0:43:57	11:47	1:13:26	1:13:13
12	Steffanie Cook	Laguna Hills	10K	F	40	F40-49	838	0:43:38	11:53	1:14:03	1:13:51
13	Melissa Moore	Irvine	10K	F	46	F40-49	474	0:48:37	12:46	1:19:43	1:19:20
14	Crystalynn Thai	Gardena	10K	F	46	F40-49	493	0:46:29	13:02	1:21:02	1:20:59
15	Cat Dengate	Redlands	10K	F	49	F40-49	840	0:53:20	14:18	1:29:09	1:28:54
16	Maryam Zomorodian	Irvine	10K	F	41	F40-49	4991	0:56:02	14:26	1:30:03	1:29:41
17	Rachel Johnson	Lakewood	10K	F	43	F40-49	458	0:56:42	15:09	1:34:22	1:34:08

10K 40-49 (male)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
1	Ryan Hort	Irvine	10K	M	44	M40-49	457	0:30:09	8:02	0:50:01	0:49:58
2	Matthew Ruiz	Mira Loma	10K	M	41	M40-49	485	0:30:56	8:08	0:50:53	0:50:38
3	Justin Titus	Rancho Santa Margarita	10K	M	43	M40-49	494	0:34:34	9:18	0:57:50	0:57:49
4	Anthony Mifsud	Oceanside	10K	M	40	M40-49	473	0:36:28	9:50	1:01:15	1:01:07
5	Gary Van Sluis	Durham	10K	M	45	M40-49	498	0:38:30	10:14	1:03:56	1:03:38
6	Adam Torres	Tustin	10K	M	45	M40-49	495	0:39:41	10:04	1:04:23	1:02:34
7	Ian Kemmer	Mission Viejo	10K	M	45	M40-49	463	0:38:03	10:24	1:04:50	1:04:42
8	Alistair Casey	San Gabriel	10K	M	40	M40-49	836	0:37:47	10:34	1:05:46	1:05:41





10K 40-49 (male)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
9	Edgar Acosta	San Juan Capistrano	10K	M	41	M40-49	828	0:41:55	11:24	1:10:57	1:10:54
10	Ted Swieczkowski	Yuma	10K	M	44	M40-49	492	0:45:30	11:24	1:11:02	1:10:53
11	Roger Vansluis	Huntington Beach	10K	M	43	M40-49	499	0:45:59	12:14	1:16:24	1:16:04
12	Ruben Morales	Covina	10K	M	43	M40-49	475	0:53:35	14:43	1:31:48	1:31:31
13	Carlos Arellano	Bell Gardens	10K	M	40	M40-49	830	0:52:57	14:44	1:31:52	1:31:35

10K 50-59 (female)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
1	Robin Rogers	Laguna Niguel	10K	F	57	F50-59	484	0:39:11	10:20	1:04:27	1:04:12
2	Michelle Hensley	Orange	10K	F	57	F50-59	455	0:44:32	11:57	1:14:24	1:14:17
3	Michele Loranger	Mission Viejo	10K	F	52	F50-59	469	0:47:18	12:44	1:19:27	1:19:07

10K 50-59 (male)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
1	Rick Dodson	Manhattan Beach	10K	M	58	M50-59	841	0:28:31	7:37	0:47:23	0:47:22
2	Sergio Mendez	Garden Grove	10K	M	53	M50-59	471	0:34:53	9:27	0:58:48	0:58:48
3	Phil Avalos	Los Alamitos	10K	M	56	M50-59	832	0:37:38	9:57	1:01:57	1:01:50
4	Patrick Delaney	Norwalk	10K	M	57	M50-59	839	0:39:38	10:18	1:04:10	1:04:00
5	David Webb	Ladera Ranch	10K	M	56	M50-59	409	0:37:52	10:19	1:04:18	1:04:07
6	Ernie Estrada	Upland	10K	M	53	M50-59	842	0:39:12	10:21	1:04:30	1:04:20
7	Steve Frank	Irvine	10K	M	54	M50-59	845	0:39:24	10:46	1:06:59	1:06:54
8	Ruben Ezquerro	Las Flores	10K	M	58	M50-59	843	0:42:02	11:13	1:09:57	1:09:42
9	Frank Trotman	San Marcos	10K	M	59	M50-59	497	0:42:07	11:15	1:10:02	1:09:57
10	Jim Ashley	Coto de Caza	10K	M	56	M50-59	831	0:46:57	12:28	1:17:49	1:17:33

10K 60-69 (male)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
1	Mike Hawkes	Irvine	10K	M	60	M60-69	454	0:37:59	10:04	1:02:48	1:02:37
2	John Parker	Yorba Linda	10K	M	62	M60-69	5001	0:43:58	12:21	1:16:56	1:16:48

10K 70- (male)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
1	Ian Stuart	Mission Viejo	10K	M	74	M70-79	491	0:49:45	13:31	1:24:13	1:24:03
2	Tim Whisman	La Crescenta	10K	M	70	M70-79	440	0:51:47	13:39	1:25:04	1:24:51

Top 3 10K (female)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
1	Erica Hawkes	Irvine	10K	F	52	F50-59	453	0:30:54	8:13	0:51:11	0:51:09
2	Kelly Leonard	Newport Beach	10K	F	43	F40-49	467	0:33:08	8:49	0:54:52	0:54:50
3	Lora Wesolowski	Coto de Caza	10K	F	43	F40-49	412	0:33:39	9:01	0:56:08	0:56:03

Top 3 10K (male)

Pos	Athlete	City	Race	Gender	Age	Category	Bib#	6.0 km	Pace	Gun Time	Chip Time
1	Michael Lucero	Santa Ana	10K	M	30	M30-39	470	0:24:32	6:35	0:40:59	0:40:58
2	Frederick Herr	Corona	10K	M	54	M50-59	456	0:26:08	7:00	0:43:34	0:43:32
3	Eric Treadway	Lakewood	10K	M	35	M30-39	496	0:28:05	7:23	0:46:14	0:45:57

