

ROCK IT IN EL MORO CANYON OVERALL RESULTS - 10 MILER - 4/15/17

Overall	First Name	Last Name	Division	Div Place	City	State	Gender	Age	Event	Bib	Gun Time	Chip Time	Pace/Mile
1	Matthew	Soto	M20-29	1	Lake Forest	CA	M	25	10M	1328	1:08:01	1:08:01	6:49
2	Anthony	Rodriguez	M30-39	1	Valley Village	CA	M	38	10M	1313	1:15:47	1:15:47	7:35
3	Robert	Reinhart	M40-49	1	Fountain Valley	CA	M	42	10M	1309	1:16:29	1:16:29	7:40
4	Angel	Varela	M20-29	2	San Juan Capistrano	CA	M	26	10M	1362	1:17:34	1:17:39	7:46
5	Ryan	Reodica	M30-39	2	Orange	CA	M	34	10M	1310	1:20:10	1:20:10	7:56
6	Justin	Tremmel	M30-39	3	Lake Forest	CA	M	31	10M	1335	1:20:38	1:20:38	7:58
7	Bill	Huttner	M50-59	1	Santa Ana	CA	M	55	10M	1259	1:20:58	1:20:58	8:05
8	Jonathan	Salazar	M40-49	2	Anaheim	CA	M	43	10M	1318	1:21:14	1:21:14	8:08
9	Orlando	Santiago	M50-59	2	Lake Elsinore	CA	M	51	10M	1320	1:24:38	1:24:38	8:28
10	John	Tagliamento	M40-49	3	San Diego	CA	M	41	10M	1331	1:25:16	1:25:14	8:31
11	Jason	Reed	M30-39	4	San Bruno	CA	M	38	10M	167	1:41:22	1:25:29	8:33
12	Rhoda	Shaver	F40-49	1	Irvine	CA	F	45	10M	1323	1:26:09	1:26:08	8:37
13	Bob	Rosemeyer	M60-69	1	Carlsbad	CA	M	62	10M	1316	1:26:33	1:26:32	8:39
14	Erica	Hawkes	F40-49	2	Irvine	CA	F	48	10M	1252	1:27:03	1:26:59	8:42
15	Harry	Glieder	M40-49	4	Newport Beach	CA	M	47	10M	1240	1:27:54	1:27:53	8:47
16	Matthew	Mintzias	M30-39	5	Irvine	CA	M	30	10M	1287	1:29:36	1:29:29	8:57
17	Christopher	Mintzias	M30-39	6	Irvine	CA	M	32	10M	1288	1:29:37	1:29:30	8:57
18	Pam	Sanchez	F40-49	3	Upland	CA	F	40	10M	1319	1:29:45	1:29:43	8:58
19	Danny	Effinger	M20-29	3	San Diego	CA	M	25	10M	1226	1:30:21	1:30:18	9:02
20	Miwa	Kawai	F40-49	4	Aliso Viejo	CA	F	43	10M	1268	1:31:02	1:30:55	9:05
21	Kerri	Marchionni	F30-39	1	Laguna Niguel	CA	F	38	10M	1279	1:33:02	1:32:33	9:15
22	Todd	Schwarz	M40-49	5	Orange	CA	M	44	10M	1321	1:33:01	1:32:57	9:18
23	Carrie	Nofziger	F30-39	2	Garden Grove	CA	F	35	10M	1359	1:34:32	1:34:26	9:26
159	Chris	Stratford	M30-39	7	Fontana	CA	M	33	10M	1330	1:34:53	1:34:51	9:29
24	Summer	Hansen-Rooks	F30-39	3	Mission Viejo	CA	F	38	10M	1249	1:35:06	1:34:59	9:30
25	Patrick	Grassmann	M40-49	6	Laguna Niguel	CA	M	49	10M	1242	1:35:49	1:35:22	9:32
26	Mike	Bronson	M30-39	8	Ladera Ranch	CA	M	35	10M	1214	1:36:07	1:35:59	9:36
27	Jennifer	Reyes	F30-39	4	San Juan Capistrano	CA	F	31	10M	1350	1:39:06	1:37:03	9:43
28	George	Greco	M60-69	2	Carlsbad	CA	M	69	10M	1243	1:37:28	1:37:27	9:45
29	Randy	Mulpas	M50-59	3	Murrieta	CA	M	54	10M	1293	1:38:32	1:38:30	9:51
30	Kevin	Montano	M50-59	4	Laguna Niguel	CA	M	52	10M	1365	1:38:47	1:38:44	9:52
31	Yolanda	Conner	F40-49	5	Mission Viejo	CA	F	43	10M	1221	1:39:02	1:38:52	9:53
32	Robert	Herrera	M30-39	9	Duarte	CA	M	30	10M	1371	1:39:02	1:38:54	9:53
33	Christian	Voigtlander	M40-49	7	Corona del Mar	CA	M	49	10M	1340	1:38:59	1:38:57	9:54
34	Christopher	Reckleff	M50-59	5	Woodland Hills	CA	M	51	10M	1306	1:41:08	1:40:00	10:00
35	Linda	Kessman	F50-59	1	Trabuco Canyon	CA	F	57	10M	1270	1:40:10	1:40:05	10:00
36	Mirza E.	Gallardo	F50-59	2	Placentia	CA	F	50	10M	1236	1:41:15	1:40:06	10:00
37	Richard	Rulison	M50-59	6	Garden Grove	CA	M	53	10M	1317	1:40:37	1:40:33	10:04
38	JP	Bonetto	M50-59	7	Dana Point	CA	M	50	10M	1209	1:41:03	1:40:44	10:04
39	Daniel	Vela	M40-49	8	San Pedro	CA	M	48	10M	1337	1:41:49	1:41:36	10:10
40	Bobby	Porter	M60-69	3	Orange	CA	M	64	10M	1302	1:41:46	1:41:44	10:10
41	Juan	Silva	M30-39	10	Riverside	CA	M	34	10M	1351	1:41:53	1:41:52	10:11
42	Greg	Hindson	M50-59	8	Corona	CA	M	51	10M	163	1:42:14	1:41:57	10:12
43	Hiroko	Kobayashi	F40-49	6	West Covina	CA	F	48	10M	1272	1:42:14	1:42:08	12:13
44	Nereyda	Tojin	F40-49	7	Lynwood	CA	F	42	10M	1367	1:42:33	1:42:10	10:13
45	Chris	Diggs	M40-49	9	Yucaipa	CA	M	46	10M	1224	1:43:00	1:42:45	10:17
46	Wendy	Maschler	F40-49	8	Alta Loma	CA	F	45	10M	1282	1:43:23	1:43:20	10:20
47	Adam	Torres	M30-39	11	Tustin	CA	M	36	10M	1358	1:44:02	1:43:39	10:22
48	Yumi	Wong	F30-39	5	Alta Loma	CA	F	36	10M	1344	1:43:57	1:43:54	10:23
49	Gary	Regalado	M50-59	9	Santa Ana	CA	M	53	10M	1307	1:44:18	1:44:04	10:25
50	Chris	Murillo	M30-39	12	Huntington Beach	CA	M	33	10M	1294	1:45:48	1:45:45	10:35
51	Francis	Farmer	M60-69	4	Banning	CA	M	64	10M	1229	1:45:54	1:45:48	10:35
52	Caroline	Hughes	F40-49	9	Mercer Island	WA	F	47	10M	1257	1:46:29	1:46:01	10:36
53	Gena	Smith	F40-49	10	Rancho Santa Margarita	CA	F	49	10M	1326	1:46:29	1:46:16	10:38
54	Glenn	Herrero	M50-59	10	Cypress	CA	M	54	10M	1255	1:46:48	1:46:41	10:40

55	Bethany	Minsberg	F40-49	11	San Juan Capistrano	CA	F	41	10M	1286	1:47:06	1:46:52	10:41
56	Almi	Del Villar	F30-39	6	Cerritos	CA	F	36	10M	1223	1:49:00	1:46:53	10:41
57	Daniel	Hagarty	M40-49	10	Oceanside	CA	M	43	10M	1247	1:49:00	1:46:53	10:41
58	Minas	Khoudaghoulain	M40-49	11	laguna niguel	CA	M	48	10M	1271	1:47:51	1:47:34	10:46
59	Justin	Forsdick	M30-39	13	Laguna Niguel	CA	M	30	10M	1222	1:47:47	1:47:44	10:46
60	Brent	Trombley	M20-29	4	Trabuco Canyon	CA	M	27	10M	1348	1:48:18	1:48:10	10:49
61	Ashley	Andersen	F30-39	7	Placentia	CA	F	34	10M	1202	1:48:34	1:48:26	10:50
62	Luis	Rivas	M40-49	12	Santa Ana	CA	M	46	10M	1311	1:48:37	1:48:36	10:52
63	Jessica	Modica	F30-39	8	Aliso Viejo	CA	F	37	10M	1352	1:48:53	1:48:47	10:53
64	Ivan	Rodriguez	M50-59	11	rancho cucamonga	CA	M	52	10M	1314	1:49:10	1:49:07	10:55
65	Mel	Garcia	M40-49	13	Orange	CA	M	46	10M	1238	1:49:41	1:49:23	10:56
66	Mike	Hawkes	M50-59	12	Irvine	CA	M	55	10M	1253	1:49:52	1:49:37	10:58
67	Melia	Perrizo	F30-39	9	San Clemente	CA	F	37	10M	1301	1:50:00	1:49:43	10:58
68	Wendy	Lau	F40-49	12	Ladera Ranch	CA	F	41	10M	1276	1:50:38	1:50:14	11:01
69	Ritesh	Patel	M40-49	14	Rancho Santa Margarita	CA	M	46	10M	1300	1:50:18	1:50:15	11:02
70	Tiffany	Barnickel	F40-49	13	Ladera Ranch	CA	F	47	10M	1205	1:50:38	1:50:15	11:02
71	Alan	Keller	M40-49	15	Riverside	CA	M	49	10M	1269	1:51:04	1:50:46	11:05
72	Robert	Wright	M20-29	5	Alpine	CA	M	26	10M	1345	1:54:48	1:51:01	11:06
73	Setareh	Foreman	F30-39	10	El Cajon	CA	F	36	10M	1230	1:54:46	1:51:01	11:06
74	Rebecca	Brudnok	F30-39	11	San Diego	CA	F	36	10M	1215	1:54:47	1:51:02	11:06
75	Eileen	Gomez	F30-39	12	Mission Viejo	CA	F	35	10M	1241	1:51:33	1:51:20	11:08
76	Cristian	Sipa	M40-49	16	Ladera Ranch	CA	M	40	10M	1325	1:52:13	1:51:57	11:12
77	Sandy	Rodriguez	F40-49	14	Fontana	CA	F	47	10M	1312	1:52:35	1:52:32	11:15
78	Wesley	Aping	M40-49	17	Torrance	CA	M	48	10M	1203	1:53:21	1:53:09	11:19
79	Windee	McKinley	F30-39	13	Newport Beach	CA	F	30	10M	1356	1:53:30	1:53:26	11:20
80	Ian	McKinley	M30-39	14	Newport Beach	CA	M	34	10M	1357	1:53:31	1:53:27	11:21
81	David	Rose	M40-49	18	Costa Mesa	CA	M	47	10M	1315	1:54:46	1:54:22	11:26
82	Jen	Jean	F30-39	14	Anaheim	CA	F	39	10M	1260	1:55:08	1:54:56	11:29
83	Matt	Dubow	M30-39	15	Laguna Niguel	CA	M	36	10M	1225	1:55:53	1:55:25	11:32
84	Bill	Snead	M60-69	5	Long Beach	CA	M	60	10M	1369	1:55:52	1:55:31	11:33
85	Kimberley	Palermo	F40-49	15	Huntington Beach	CA	F	44	10M	1298	1:55:57	1:55:39	11:34
86	Natalie	St. Germain	F40-49	16	Anaheim	CA	F	42	10M	1329	1:55:51	1:55:40	11:34
87	Sarah	Viczorek	F30-39	15	Dana Point	CA	F	38	10M	1338	1:56:16	1:55:51	11:35
88	Megan	Quinn	F30-39	16	San Clemente	CA	F	39	10M	1304	1:56:16	1:55:52	11:35
89	Jaine	Thompson	F30-39	17	Englewood	CO	F	37	10M	1366	1:56:13	1:55:58	11:36
90	Holly	Hardin	F40-49	17	fullerton	CA	F	41	10M	1250	1:57:31	1:57:10	11:43
91	Rafael	Hernandez Jr	M30-39	16	Orange	CA	M	36	10M	1360	2:20:12	1:57:18	11:44
92	Sue Ellen	Langford	F50-59	3	Capistrano Beach	CA	F	51	10M	1275	1:57:54	1:57:34	11:46
93	Niki	Wilson	F30-39	18	San Clemente	CA	F	34	10M	1343	2:03:08	1:58:04	11:49
94	Shawna	Howard	F50-59	4	Tustin	CA	F	55	10M	160	1:58:42	1:58:23	11:50
95	Matt	Callon	M40-49	19	Huntington Beach	CA	M	45	10M	1217	2:00:30	1:58:23	11:50
96	Pamela	Weir	F40-49	18	San Marcos	CA	F	47	10M	1341	1:58:55	1:58:45	11:53
97	Laura	Mesones	F30-39	19	Marina Del Rey	CA	F	30	10M	1285	1:59:09	1:59:05	11:55
98	Steve	Johnson	M70+	1	Long Beach	CA	M	73	10M	1263	1:59:52	1:59:33	11:58
99	Akira	Hirai	M50-59	13	San Clemente	CA	M	50	10M	1363	2:00:20	2:00:10	12:01
100	Myrna	Carbajo	F40-49	19	Hawthorne	CA	F	40	10M	1218	2:00:30	2:00:18	12:02
101	Donna	Lofgren	F50-59	5	Torrance	CA	F	55	10M	1278	2:00:40	2:00:24	12:02
102	Grace	Aurelio	F30-39	20	Mission Viejo	CA	F	39	10M	141	2:00:47	2:00:29	12:03
103	Pamela	Hansen	F30-39	21	Aliso Viejo	CA	F	36	10M	1361	2:00:51	2:00:42	12:04
104	Abby	Yoskovich	F20-29	1	Milan	MI	F	28	10M	1347	2:01:05	2:00:51	12:05
105	Colleen	Hirai	F50-59	6	San Clemente	CA	F	55	10M	1364	2:01:21	2:01:10	12:07
106	Hannah	Yoskovich	F20-29	2	Milan	MI	F	25	10M	1346	2:01:45	2:01:31	12:09
107	Jason	Beach	M40-49	20	San Clemente	CA	M	44	10M	164	2:06:42	2:01:32	12:09
108	Jason	Regehr	M40-49	21	Costa Mesa	CA	M	43	10M	1308	2:02:12	2:01:48	12:11
109	Amy	Johnson	F40-49	20	Laguna Niguel	CA	F	44	10M	1262	2:03:05	2:02:46	12:17
110	Irene	Ramos	F30-39	22	Palmdale	CA	F	35	10M	1305	2:02:54	2:02:49	12:17
111	Anna	Arrieta	F30-39	23	Placentia	CA	F	38	10M	1204	2:03:02	2:02:55	12:17
112	Jocelene	Ulloa	F40-49	21	Dana Point	CA	F	47	10M	1213	2:05:47	2:03:39	12:22

113	Crystalynn	Thai	F40-49	22	Gardena	CA	F	42	10M	1333	2:03:48	2:03:43	12:22
114	Robin	Kostka	F50-59	7	Yorba Linda	CA	F	53	10M	1274	2:04:07	2:03:52	12:23
115	Jodie	Sereika	F40-49	23	Phelan	CA	F	43	10M	1322	2:04:46	2:04:12	12:25
116	Lisa	Guedes	F50-59	8	Irvine	CA	F	53	10M	1244	2:04:25	2:04:16	12:26
117	Todd	Eisenecher	M30-39	17	Costa Mesa	CA	M	39	10M	1227	2:04:27	2:04:22	12:26
118	Noe	Guerra	M30-39	18	Valencia	CA	M	35	10M	1245	2:04:32	2:04:28	12:27
119	Ruth	Brajeich	F40-49	24	Trabuco Canyon	CA	F	47	10M	1211	2:05:00	2:04:49	12:29
120	Michelle	Ojeda	F40-49	25	Irvine	CA	F	47	10M	1297	2:05:37	2:05:21	12:32
121	Demetra	Barounis	F50-59	9	Irvine	CA	F	54	10M	1206	2:05:37	2:05:21	12:34
122	Carmelita	Jordan	F40-49	26	Aliso Viejo	CA	F	47	10M	1264	2:06:08	2:05:47	12:35
123	John	Hill	M50-59	14	Anaheim	CA	M	54	10M	1256	2:06:03	2:05:47	12:35
124	Angie	Menendez	F30-39	24	Aliso Viejo	CA	F	39	10M	1284	2:06:13	2:05:55	12:35
125	Amanda	Garrick	F40-49	27	Long Beach	CA	F	45	10M	1239	2:06:16	2:06:10	12:37
126	Tom "Skip"	Parks	M60-69	6	Signal Hill	CA	M	60	10M	1299	2:06:29	2:06:21	12:38
127	Kristina	Abadie	F40-49	28	Dana Point	CA	F	43	10M	1201	2:07:45	2:07:33	12:46
128	Donna	Tye	F50-59	10	Ana	CA	F	51	10M	1336	2:07:52	2:07:39	12:46
129	Katherine	Tran	F30-39	25	Irvine	CA	F	36	10M	1334	2:07:50	2:07:41	12:46
130	Jenny	Chao	F40-49	29	Irvine	CA	F	43	10M	1220	2:08:04	2:08:01	12:48
131	Mark	Bilbia	M50-59	15	Cypress	CA	M	58	10M	1208	2:10:28	2:10:21	13:02
132	Jade	Jourdan	F60-69	1	Foothill Ranch	CA	F	63	10M	1265	2:11:50	2:11:44	13:10
133	Sandie	Kobrine	F50-59	11	Irvine	CA	F	53	10M	1273	2:16:11	2:11:50	13:11
134	Robert	Weir	M40-49	22	San Marcos	CA	M	49	10M	1342	2:13:35	2:13:24	13:20
135	Laura	Hagen	F40-49	30	Yorba Linda	CA	F	44	10M	1248	2:13:59	2:13:54	13:23
136	Ricardo	Mora	M40-49	23	Anaheim	CA	M	41	10M	1291	2:16:15	2:16:03	13:37
137	Elisa	Mora	F30-39	26	Anaheim	CA	F	39	10M	1290	2:16:16	2:16:04	13:37
138	Joe	Espinosa	M50-59	16	Orange	CA	M	55	10M	1228	2:16:42	2:16:29	13:39
139	Yvonne	Laurel	F50-59	12	Newport Beach	CA	F	52	10M	1370	2:20:07	2:19:39	13:58
140	Amy	Chambers	F30-39	27	Long Beach	CA	F	34	10M	1219	2:23:41	2:21:29	14:09
141	Canna	Kakutani	F40-49	31	Irvine	CA	F	48	10M	1266	2:21:49	2:21:35	14:10
142	Alex	Kakutani	M50-59	17	Irvine	CA	M	50	10M	1267	2:21:50	2:21:36	14:10
143	Stephanie	Fortini	F40-49	32	Moreno Valley	CA	F	44	10M	1231	2:22:14	2:22:01	14:12
144	Amy	Martin	F30-39	28	Woodland	CA	F	35	10M	1280	2:23:09	2:22:54	14:17
145	Van	Nguyen	F40-49	33	Aliso Viejo	CA	F	45	10M	1296	2:24:32	2:24:11	14:25
146	Dora	Price	F50-59	13	Baldwin Park	CA	F	52	10M	1303	2:25:16	2:24:59	14:30
147	Matthew	Verdiell	M10-19	1	Norco	CA	M	12	10M	1353	2:27:43	2:26:58	14:42
148	Jesmir	Verdiell	M10-19	2	Norco	CA	M	11	10M	1354	2:30:33	2:29:35	14:58
149	Jesus	Verdiell	M40-49	24	Norco	CA	M	42	10M	1355	2:30:33	2:29:36	12:58
150	Barbara	Shepherd	F40-49	34	Fullerton	CA	F	48	10M	1324	2:30:21	2:30:01	15:00
151	Lizzeth	Solis	F30-39	29	Paramount	CA	F	30	10M	1327	2:30:57	2:30:45	15:05
152	Wendy	Garcia	F40-49	35	Irvine	CA	F	48	10M	1237	2:31:03	2:30:57	15:06
153	Ryan	Vieau	M30-39	19	Aliso Viejo	CA	M	37	10M	1339	2:32:12	2:32:07	15:13
154	Leah	Harris	F20-29	3	Irvine	CA	F	26	10M	1251	2:43:23	2:41:08	16:07
155	Jill	Hay	F50-59	14	Huntington Beach	CA	F	53	10M	1254	2:45:48	2:45:22	16:32
156	Julie	Brawner	F50-59	15	Laguna Niguel	CA	F	50	10M	1212	2:46:48	2:46:22	16:38
157	Karen	Busmire	F50-59	16	Murrieta	CA	F	56	10M	1216	2:46:48	2:46:22	16:38
158	Courtney	Johnson	F20-29	4	Long Beach	CA	F	29	10M	1368	2:47:43	2:47:22	16:44